Car Safety

☐ Always lock your doors and roll up your windows, even if you will only be away from your vehicle for a few minutes.
☐ Lock your doors while driving.
☐ Never leave valuables, electronic devices, purchases, or packages in plain sight inside your parked car.
☐ If you must keep your valuables with you, secure them in your trunk or glove compartment before arriving at your destination.
☐ Always park in well-lit areas.
☐ Always have your car and house keys in hand so you will not have to search for them.
☐ Be aware of your surroundings when leaving or returning to your car at night.
☐ Always check the back seat before entering your car.
☐ Keep your car in good working condition.
☐ If your car breaks down, use distress signals, such as putting the hood up or turning on emergency flashers. Remain in the car with the doors locked.
☐ If you do not have a cell phone to call for help, wait for the police or ask anyone who stops to send a tow truck or the police.
☐ Be wary of accepting help from strangers.
☐ If you are followed by another car, honk your horn all the way to the nearest gas, police or fire station.
☐ If someone threatens you while you are in your car, lock all doors and blow the horn in short bursts to attract attention.
☐ Do not pick up hitchhikers.

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Avoid Becoming a Victim
By taking a few simple precautions, you can reduce the risk of becoming a victim.

On the Street
- Be aware of your surroundings.
- Avoid talking on a mobile phone or texting while you are walking.
- Walk confidently at a steady pace. Be alert. Notice who passes you and who is behind you.
- When possible, travel with a friend.
- Walk in well-lit areas.
- Hold your purse securely and close to your body.
- Never hand your mobile phone to someone. If they need assistance, offer to make a call for them.
- Carry as little cash as possible. Carry a whistle, personal alarm or pepper spray.
- Never approach a car. If a driver asks for directions, information or help, reply from a safe distance.
- If a driver persists in bothering you, walk or run in the opposite direction of traffic.
- If you feel you are in danger, yell loudly, run and call the police.

Babysitting Safety
- Always keep emergency numbers, cell phone numbers and important addresses readily available for your sitter.
- Tell the sitter the name, address and phone number where you can be contacted and what time you will be home.

Safety for Senior Citizens
- Have social security or retirement checks sent directly to your checking or savings account.
- Stay aware of current scams. For example, get-rich-quick offers that require you to make a payment or investment. If it sounds too good to be true, it probably is.
- Be wary of “good deals” on expensive home repair or home improvements.
- No legitimate government agency will ever call and demand payment over the phone under threat of fines or jail.

Telephone Safety
- Always keep emergency numbers easily accessible.
- Do not give strangers information over the phone or admit you are alone.
- If you receive an obscene phone call, hang up immediately. If they persist, contact the police.

Home Security Tips
- Always keep doors secured with deadbolt locks. Exterior doors should be solidcore wood (1-3/4 inches thick) or made of metal.
- Use secure locks on windows and sliding patio doors.
- Place a metal or wooden rod in the track of sliding glass doors.
- Have good lighting in working condition at all entrances. Keep all exterior lights on throughout the night.
- Install motion detector devices/lights around the outside of your home.
- Install a peep hole/viewer in exterior doors. Make sure you know who is at the door before you open it.
- Insist on identification from repair and sales persons. If in doubt, call their company to verify their identity.
- Do not admit persons into your home if they ask to use your telephone. Offer to make the call for them.
- If you come home and find a door or window open or signs of forced entry, do not enter. Call the police.
- Know your neighbors and work out a mutual watch and warning system to prevent burglaries and break-ins.
- Do not hide spare keys outside.
- If you are away from home for vacation, have a trusted neighbor or friend pick up mail, newspapers, and take out or put away trash cans. For extended trips, suspend newspaper and mail delivery until you return.
- Always have the locks re-keyed when you move into a new home.