

Learn To Swim Woollett

William Woollett Jr. Aquatics Center (WWJAC)
4601 Walnut Ave., Irvine, CA 92604
Phone: 949-724-6717



SESSION DATES

Session 5: June 22 – July 2
Session 6: July 6 – 16
Session 7: July 20 – 30
Session 8: August 3 – 13
Session 9: August 17 – 27
Session 10: September 14 – October 8
Session 11: October 12 – November 5

REGISTRATION BEGINS

SESSION 5, 6 & SAT:

Residents: May 10, 9pm
Non-Residents: May 11, 9pm

SESSION 7, 8 & 9:

Residents: June 14, 9pm
Non-Residents: June 15, 9pm

SESSION 11 & 10:

Residents: August 9, 9pm
Non-Residents: August 10, 9pm

*If you do not have a client ID or family pin #,
please call 949-724-6610 to have your account
created. Allow 2 business days.*



Fax Registration Method for May 10, June 14 and August 9

Due to the delays in Internet and touch-tone phone registration, we will also be accepting FAX registrations. Below are the very strict guidelines:

1. We will accept FAX registrations from 5 to 10pm.
2. You **MUST** have a family account set up prior to faxing in your registration form.
3. FAXes time stamped before 5pm will not be processed.
4. The FAXes will **NOT** be inputted into the computer until 9pm.
5. Faxes received before 9pm will be randomly selected and processed at 9pm. We will **NOT** guarantee time stamp order.
6. Multiple FAXes from the same person will be moved to the end of all FAXes.
7. FAXes received after 10pm will not be processed.
8. Please make sure you include an alternate course number in the event the course you requested is full.
9. You can check your account online to view the class you are enrolled in; we will **NOT** be calling to confirm registration.

We will accept FAXes to the following numbers ONLY:
949-724-6608 or 949-724-PLAY (7529)

FEES

Level	Sessions 5-11	Saturdays
Ducklings	\$42	\$28
Little Fish/Little Eels	\$56	\$28
Big Fish	\$56	\$28
Privates	\$200	\$100
Adults	\$36*	\$36

*Session 10 & 11: \$72

Swimming Program Levels



Infant & Toddler Ages 6-36 mos. *Adult required in water with child.*

Ducklings: Expose child and parent to water orientation, focusing on achieving a high level of comfort in and around water. Parents will be instructed in basic skills that will aid the child's learning of elementary swimming skills.

Little Fish Ages 3-6

Starfish, Seahorses, Seal Lions & Sharks: Children will be placed into groups based on ability. Content closely follows the skills listed for Hippos, Turtles and Eels. Children may switch groups (Starfish, Seahorses, Sea Lions or Sharks) to ensure they are with others of similar ability. Most children repeat this level several times before moving on to Little Eels. If your child turns 6 and you would like to move to the Big Fish Program, please sign up for Turtles or Eels.

Little Eels (Ages 5 & 6 ONLY): Children must be able to complete the following: 25 yards freestyle with rotary breathing, 25 yards backstroke, 25 yards elementary backstroke, 10 yards breaststroke and 10 yards butterfly kick. Prerequisite: Child must have completed at least 1 session of Little Fish: Sharks to enroll in this level.

Big Fish Ages 6-13

Hippos: For children with little or no swimming experience. Skills include: water entry, floating, flutter kicking and arm action, plus basic pool safety. Most children only need to take this course once. (Similar to American Red Cross Level 2.)

Turtles: Children must possess skills from the previous level and swim 10 yards without support. Skills taught include: freestyle with side breathing, backstroke, butterfly kick, breaststroke kick and elementary backstroke, plus some water-safety skills. Most children take this course twice. (Similar to American Red Cross Level 3.)

Eels: Children must be able to swim freestyle with side breathing, backstroke and elementary backstroke for 25 yards. Instruction focuses on endurance with backstroke and freestyle, master freestyle side breathing, and building on butterfly and elementary backstroke. Breaststroke, sidestroke and turning at the wall will be introduced. Most children take this course two to three times. (Similar to American Red Cross Levels 4 and 5.)

Dolphins: The instructor is no longer required in the water. Children must be able to swim freestyle and backstroke efficiently for two lengths of the pool (50 yds.) and have basic swimming knowledge of the four competitive strokes and two resting strokes. Instruction focuses on the coordination and refinement of all the strokes and increasing distance. Most children take this course two to three times. (Similar to American Red Cross Level 5.)

Marlins: Instructor is no longer required in the water. Children must be able to complete a minimum of four laps (100 yds.) of freestyle and backstroke and two laps (50 yds.) of all other strokes correctly. Instruction focuses on building endurance in all strokes and establishing proper stroke technique, allowing them to complete in a 100-yard Individual Medley. Most children take this course two to three times. (Similar to American Red Cross Level 6: Fitness Swimming.)

Super Shrimp Squad Ages 7-13

Children must be able to swim four laps (100 yards) of freestyle and backstroke, two laps (50 yards) of breaststroke and butterfly, as well as swim 20 laps continuously. Instruction includes swim workouts to improve conditioning.

Adult Swimming Program Ages 14+

Appropriate for students ages 14 and up ranging from no experience to limited swimming experience. Instruction to focus on individual water instruction in a group setting based on learning interest.

Private/Semi-Private Program Ages 6 mos.+

Private lessons are limited and are offered one-on-one or for up to two participants per class. The person requesting the semi-private class is responsible for finding the additional participant. Instruction to focus on skill level.

Aquatics

SESSION							DAYS	TIME
5	6	7	8	9	10	11		

Ducklings

---	---	---	---	68318	---	---	T-TH	10:30am-10:55am
68301	58307	68664	68315	---	---	---	T-TH	11:00am-11:25am
58302	58308	68665	---	68312	---	---	T-TH	11:30am-11:55am
58303	---	---	---	---	---	---	T-TH	3:30pm-3:55pm
58304	58309	68666	68316	68311	---	---	T-TH	4:00pm-4:25pm
58305	58310	68667	68317	---	---	---	T-TH	4:30pm-4:55pm

Little Fish

68323	68354	68668	68336	68333	---	---	M-TH	10:00am-10:25am
68324	68377	68669	68337	68371	---	---	M-TH	10:30am-10:55am
68378	68368	68670	68338	68334	---	---	M-TH	11:00am-11:25am
68361	68325	68671	68339	68372	---	---	M-TH	11:30am-11:55am
68355	68367	68672	68340	68373	---	---	M-TH	12:00pm-12:25pm
68376	68351	68319	68341	68335	---	---	M-TH	12:30pm-12:55pm
68326	68369	68356	68347	68374	---	---	M-TH	3:30pm-3:55pm
68327	68352	68370	68342	68350	---	---	M-TH	4:00pm-4:25pm
68328	68358	68673	68320	68349	---	---	M-TH	4:30pm-4:55pm
68348	68379	68674	68343	68331	---	---	M-TH	5:00pm-5:25pm
68329	68322	68675	68344	68359	---	---	M-TH	5:30pm-5:55pm
68360	68357	68380	68345	68330	---	---	M-TH	6:00pm-6:25pm
68353	68321	68676	68346	68375	---	---	M-TH	6:30pm-6:55pm
---	---	---	---	---	69011	69005	M/W	3:30pm-3:55pm
---	---	---	---	---	68999	69007	M/W	4:00pm-4:25pm
---	---	---	---	---	69000	69008	M/W	4:30pm-4:55pm
---	---	---	---	---	68993	68994	M/W	5:00pm-5:25pm
---	---	---	---	---	68995	68996	M/W	5:30pm-5:55pm
---	---	---	---	---	69004	69010	T/TH	3:30pm-3:55pm
---	---	---	---	---	69001	69006	T/TH	4:00pm-4:25pm
---	---	---	---	---	68998	68992	T/TH	4:30pm-4:55pm
---	---	---	---	---	68997	69003	T/TH	5:00pm-5:25pm
---	---	---	---	---	69002	69009	T/TH	5:30pm-5:55pm

Little Fish: Little Eels

---	68385	---	---	---	---	---	M-TH	10:30am-10:55am
---	68386	---	---	---	---	---	M-TH	11:00am-11:25am
68382	68387	---	---	68393	---	---	M-TH	3:30pm-3:55pm
68383	68388	---	---	---	---	---	M-TH	4:30pm-4:55pm
---	---	68677	68390	68398	---	---	M-TH	5:00pm-5:25pm
---	---	68678	68391	---	---	---	M-TH	5:30pm-5:55pm
68384	68389	---	---	68399	---	---	M-TH	6:00pm-6:25pm
---	---	68679	68392	68400	---	---	M-TH	6:30pm-6:55pm
---	---	---	---	---	69012	69016	M/W	4:30pm-4:55pm
---	---	---	---	---	69013	69017	M/W	5:30pm-5:55pm
---	---	---	---	---	69014	69018	T/TH	4:00pm-4:25pm
---	---	---	---	---	69015	69019	T/TH	5:30pm-5:55pm

Big Fish: Hippos

68401	---	---	---	---	---	---	M-TH	10:00am-10:25am
---	---	---	---	68421	---	---	M-TH	11:00am-11:25am
---	68408	---	---	---	---	---	M-TH	11:30am-11:55am
68402	68409	68680	68414	---	---	---	M-TH	12:00pm-12:25pm
68403	68410	---	---	---	---	---	M-TH	12:30pm-12:55pm
68404	68425	68681	68415	---	---	---	M-TH	3:30pm-3:55pm
68405	68411	---	---	---	---	---	M-TH	4:00pm-4:25pm
68406	68412	68682	68416	---	---	---	M-TH	5:00pm-5:25pm
---	68413	68683	---	---	---	---	M-TH	5:30pm-5:55pm
68407	---	68684	68417	68422	---	---	M-TH	6:00pm-6:25pm
---	---	---	---	---	69024	69020	M/W	6:00pm-6:25pm
---	---	---	---	---	69023	---	T/TH	5:00pm-5:25pm

SESSION							DAYS	TIME
5	6	7	8	9	10	11		

Big Fish: Turtles

68443	---	---	---	---	---	---	M-TH	10:00am-10:25am
68444	---	---	---	---	---	---	M-TH	10:30am-10:55am
---	---	---	---	68429	---	---	M-TH	11:00am-11:25am
---	68450	---	---	---	---	---	M-TH	11:30am-11:55am
68461	68452	68448	68447	---	---	---	M-TH	12:00pm-12:25pm
68462	68467	68687	68434	68454	---	---	M-TH	12:30pm-12:55pm
68439	68459	68686	68442	68464	---	---	M-TH	3:30pm-3:55pm
68430	68458	68451	68433	---	---	---	M-TH	4:00pm-4:25pm
68449	68446	68438	68427	68465	---	---	M-TH	4:30pm-4:55pm
68456	68460	68463	68469	---	---	---	M-TH	5:00pm-5:25pm
68445	68437	68685	68468	---	---	---	M-TH	5:30pm-5:55pm
68466	68453	68426	68441	68432	---	---	M-TH	6:00pm-6:25pm
---	---	---	---	68440	---	---	M-TH	6:30pm-6:55pm
68457	68428	---	---	---	---	---	M-TH	7:00pm-7:25pm
---	---	---	---	---	69030	69028	M/W	6:00pm-6:25pm
---	---	---	---	---	69027	69032	T/TH	6:00pm-6:25pm

Big Fish: Eels

68492	---	---	---	---	---	---	M-TH	10:30am-10:55am
---	---	---	---	68507	---	---	M-TH	11:00am-11:25am
68503	68512	68690	68497	---	---	---	M-TH	12:00pm-12:25pm
68504	68479	68691	68470	68472	---	---	M-TH	12:30pm-12:55pm
68502	68477	68688	68505	68494	---	---	M-TH	3:30pm-3:55pm
68475	68493	68689	68478	---	---	---	M-TH	4:00pm-4:25pm
68487	68480	68510	68495	68491	---	---	M-TH	4:30pm-4:55pm
68476	68489	68508	68500	68496	---	---	M-TH	5:30pm-5:55pm
68488	68483	68471	68501	68511	---	---	M-TH	6:00pm-6:25pm
---	68506	---	---	68484	---	---	M-TH	6:30pm-6:55pm
68499	68498	68509	68482	68474	---	---	M-TH	7:00pm-7:25pm
---	---	---	---	---	69034	69042	M/W	6:00pm-6:25pm
---	---	---	---	---	69038	69039	T/TH	6:00pm-6:25pm
---	---	---	---	---	---	69043	T/TH	6:30pm-6:55pm

Big Fish: Dolphins

68533	68529	68695	68547	68545	---	---	M-TH	1:00pm-1:25pm
68543	68516	68696	68536	---	---	---	M-TH	2:30pm-2:55pm
---	68525	68517	68520	68518	---	---	M-TH	3:30pm-3:55pm
68539	68519	68530	68537	---	---	---	M-TH	4:00pm-4:25pm
68513	68534	68694	68538	68527	---	---	M-TH	4:30pm-4:55pm
---	---	---	---	68526	---	---	M-TH	5:30pm-5:55pm
---	68541	68692	68535	---	---	---	M-TH	6:00pm-6:25pm
68514	68521	68693	68524	---	---	---	M-TH	6:30pm-6:55pm
68515	68528	68544	68540	68546	---	---	M-TH	7:00pm-7:25pm
---	---	---	---	---	69051	69050	M/W	6:00pm-6:25pm
---	---	---	---	---	69047	69044	M/W	6:30pm-6:55pm
---	---	---	---	---	69048	69046	T/TH	6:00pm-6:25pm
---	---	---	---	---	---	69045	T/TH	6:30pm-6:55pm

Big Fish: Marlins

68548	68552	68697	68556	68568	---	---	M-TH	1:00pm-1:25pm
68549	68553	68698	68557	---	---	---	M-TH	2:30pm-2:55pm
---	---	68699	68558	---	---	---	M-TH	4:00pm-4:25pm
68550	---	68700	68559	68569	---	---	M-TH	4:30pm-4:55pm
---	---	---	---	68570	---	---	M-TH	5:30pm-5:55pm
68551	68554	68701	68560	---	---	---	M-TH	6:30pm-6:55pm
---	68555	68702	68561	68571	---	---	M-TH	7:00pm-7:25pm
---	---	---	---	---	69052	69054	M/W	6:30pm-6:55pm
---	---	---	---	---	69053	69055	T/TH	6:30pm-6:55pm

SESSION								DAYS	TIME
5	6	7	8	9	10	11			

Private Lessons

68573	68575	68586	68607	---	---	---	M-TH	9:00am-9:25am
68593	68602	68587	68596	---	---	---	M-TH	9:30am-9:55am
---	68603	68588	68597	---	---	---	M-TH	10:00am-10:25am
---	68604	68576	68598	---	---	---	M-TH	10:30am-10:55am
---	---	68577	68591	---	---	---	M-TH	11:00am-11:25am
68589	68605	68579	68611	---	---	---	M-TH	12:30pm-12:55pm
68574	68592	68578	68600	---	---	---	M-TH	1:00pm-1:25pm
68599	68590	68585	68601	---	---	---	M-TH	2:30pm-2:55pm
---	---	---	---	68614	---	---	M-TH	7:00pm-7:25pm
---	---	---	---	---	69057	69059	M/W	6:30pm-6:55pm
---	---	---	---	---	69061	69062	M/W	7:00pm-7:25pm
---	---	---	---	---	69064	69060	T/TH	6:30pm-6:55pm
---	---	---	---	---	69063	69056	T/TH	7:00pm-7:25pm

Adults

---	---	---	---	---	69068	69069	M/W	6:30pm-7:10pm
68617	68619	68704	68621	68623	---	---	M/W	7:00pm-7:40pm
68616	68618	68703	68620	---	---	---	T/TH	6:30pm-7:10pm
---	---	---	---	68625	---	---	T/TH	7:00pm-7:40pm

Super Shrimp Squad

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Withdrawal requests for Learn To Swim

must be made 10 days prior to the start of the session. The session always begins on a Monday, even if your class begins on a Tuesday. \$5 fee applies per class. Requests received fewer than 10 days prior to the start of the session will be processed for 50% of the fees. Withdrawals/refunds are not available once the session begins. Sorry, there are no make-ups for missed classes, nor partial refunds. Speak to Aquatics staff at 949-724-6717 or e-mail aquatics@cityofirvine.org with your withdrawal request.



Birthday Parties at the Pool

New

Celebrate your child's birthday at the pool. The package includes use of our party room, plus kid-friendly pool with water slide and certified lifeguards. Fee: \$150, 4-hour party. All ages welcome. NOTE: Fee is for parties up to 50 people. Fee

for additional 50 guests is \$50. Please call at least 4 weeks prior to desired date to book your party! Woollett Aquatics Center, 949-724-6783.



Learn To Swim Woollett Saturday Session

SESSION DATES

Saturday Session: July 11 – Aug 1

REGISTRATION BEGINS

Residents: May 10, 9pm
Non-Residents: May 11, 9pm

FEES

Level	Saturdays
Little Fish	\$28
Big Fish	\$28
Privates	\$100
Adults	\$36

COURSE	DAYS	TIME
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Ducklings

68306	SA	9:30am-9:55am
68313	SA	11:30am-11:55am
68314	SA	12:00pm-12:25pm

Little Fish

68362	SA	9:00am-9:25am
68363	SA	10:00am-10:25am
68364	SA	11:00am-11:25am
68365	SA	11:30am-11:55am
38366	SA	12:00pm-12:25pm

Big Fish: Hippos

68418	SA	9:30am-9:55am
68419	SA	12:30pm-12:55pm

Big Fish: Turtles

68435	SA	9:30am-9:55am
68436	SA	12:30pm-12:55pm

Big Fish: Eels

68481	SA	12:30pm-12:55am
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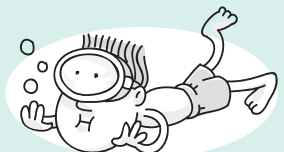
Private Lessons

68572	SA	12:30pm-12:55am
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Adults

68624	SA	9:00am-9:40am
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We reserve the right to move your child from the class you signed up for to one that is more developmentally appropriate!



Learn To Swim Northwood

Northwood High School Aquatics Center (NHSAC)
4515 Portola Pkwy., Irvine, CA 92620
Phone: 949-724-6938



SESSION DATES

Session 5: June 22 – July 2
Session 6: July 6 – 16
Session 7: July 20 – 30
Session 8: August 3 - 13

FEES

Ducklings
Little Fish
Big Fish
Privates
Adults

Session 5-8
\$42
\$56
\$56
\$200
\$36

If you do not have a client ID or family pin #, please call 949-724-6610 to have your account created. Allow 2 business days.

FAX Registration

Please see page 77 for more information.

SESSION

5	6	7	8	DAYS	TIME
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Ducklings

69124	69125	---	----	T-TH	11:00am-11:25am
69126	69127	---	---	T-TH	4:00pm-4:25pm

Little Fish

---	---	69436	69442	M-TH	11:00am-11:25am
69432	69422	---	---	M-TH	11:30am-11:55am
69420	69426	69437	69443	M-TH	12:00pm-12:25pm
---	69427	---	---	M-TH	12:30pm-12:55pm
---	---	---	---	M-TH	3:00pm-3:25pm
69421	69428	69438	69444	M-TH	3:30pm-3:55pm
69423	69429	69439	69445	M-TH	4:00pm-4:25pm
69424	69430	69440	69446	M-TH	4:30pm-4:55pm
---	---	---	---	M-TH	5:00pm-5:25pm
69425	69431	69441	69447	M-TH	5:30pm-5:55pm

Big Fish: Hippos

69486	69483	---	---	M-TH	3:00pm-3:25pm
69481	69482	---	---	M-TH	4:30pm-4:55pm
---	---	69489	69490	M-TH	5:00pm-5:25pm
---	---	---	---	M-TH	5:30pm-5:55pm

Big Fish: Turtles

69501	69502	---	---	M-TH	3:00pm-3:25pm
69495	69497	---	---	M-TH	4:30pm-4:55pm
69496	69498	69499	69500	M-TH	5:00pm-5:25pm

Big Fish: Eels

69519	69520	---	---	M-TH	3:00pm-3:25pm
69515	69517	69521	69522	M-TH	5:00pm-5:25pm
69516	69518	---	---	M-TH	6:00pm-6:25pm

Big Fish: Dolphins

---	69111	---	---	M-TH	5:00pm-5:25pm
69109	69112	69113	69114	M-TH	6:00pm-6:25pm

Big Fish: Marlins

69532	69533	69534	69535	M-TH	6:00pm-6:25pm
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Private Lessons

69538	69547	69542	69551	M-TH	10:30am-10:55am
69539	69548	---	---	M-TH	11:00am-11:25am
---	---	69543	69552	M-TH	11:30am-11:55am
69540	69549	69544	69553	M-TH	12:30pm-12:55pm
69541	69550	---	---	M-TH	2:30pm-2:55pm
---	---	69545	69554	M-TH	3:00pm-3:25pm

Adults

69414	69417	72906	72907	M-TH	9:45am-10:25am
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Swimming Program Levels



Infant & Toddler Ages 6-36 mos. Adult required in water with child.

Ducklings: Expose child and parent to water orientation, focusing on achieving a high level of comfort in and around water. Parents will be instructed in basic skills that will aid the child's learning of elementary swimming skills.

Little Fish Ages 3-6

Starfish, Seahorses, Seal Lions & Sharks: Children will be placed into groups based on ability. Content closely follows the skills listed for Hippos, Turtles and Eels. Children may switch groups (Starfish, Seahorses, Sea Lions or Sharks) to ensure they are with others of similar ability. Most children repeat this level several times before moving on to Little Eels. If your child turns 6 and you would like to move to the Big Fish Program, please sign up for Turtles or Eels.

Little Eels (Ages 5 & 6 ONLY): Children must be able to complete the following: 25 yards freestyle with rotary breathing, 25 yards backstroke, 25 yards elementary backstroke, 10 yards breaststroke and 10 yards butterfly kick. Prerequisite: Child must have completed at least 1 session of Little Fish: Sharks to enroll in this level.

Big Fish Ages 6-13

Hippos: For children with little or no swimming experience. Skills include: water entry, floating, flutter kicking and arm action, plus basic pool safety. Most children only need to take this course once. (Similar to American Red Cross Level 2.)

Turtles: Children must possess skills from the previous level and swim 10 yards without support. Skills taught include: freestyle with side breathing, backstroke, butterfly kick, breaststroke kick and elementary backstroke, plus some water-safety skills. Most children take this course twice. (Similar to American Red Cross Level 3.)

Eels: Children must be able to swim freestyle with side breathing, backstroke and elementary backstroke for 25 yards. Instruction focuses on endurance with backstroke and freestyle, master freestyle side breathing, and building on butterfly and elementary backstroke. Breaststroke, sidestroke and turning at the wall will be introduced. Most children take this course two to three times. (Similar to American Red Cross Levels 4 and 5.)

Dolphins: The instructor is no longer required in the water. Children must be able to swim freestyle and backstroke efficiently for two lengths of the pool (50 yds.) and have basic swimming knowledge of the four competitive strokes and two resting strokes. Instruction focuses on the coordination and refinement of all the strokes and increasing distance. Most children take this course two to three times. (Similar to American Red Cross Level 5.)

Marlins: Instructor is no longer required in the water. Children must be able to complete a minimum of four laps (100 yds.) of freestyle and backstroke and two laps (50 yds.) of all other strokes correctly. Instruction focuses on building endurance in all strokes and establishing proper stroke technique, allowing them to complete in a 100-yard Individual Medley. Most children take this course two to three times. (Similar to American Red Cross Level 6: Fitness Swimming.)

Adult Swimming Program Ages 14+

Appropriate for students ages 14 and up ranging from no experience to limited swimming experience. Instruction to focus on individual water instruction in a group setting based on learning interest.



Private/Semi-Private Program Ages 6 mos. +

Private lessons are limited and are offered one-on-one or for up to two participants per class. The person requesting the semi-private class is responsible for finding the additional participant. Instruction to focus on skill level.

Lap Swim

Lap swim is offered year-round for ages 16+. All memberships can be purchased at the William Woollett Jr. Aquatics Center. Please note: Schedules can change with minimal notice. Please check with lifeguards for updates.



Monday – Friday	AM	6am-8am	Woollett
	NOON	11am-2pm*	Woollett

*Lap Swim will run 11am-3pm June 22-August 27

Monday – Thursday	PM	6pm-8pm	Woollett
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Tuesday – Friday	PM	6pm-8pm	Northwood
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Saturday – Sunday	AM	8am-10am	Woollett
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*Lap Swim will be held at Northwood when Woollett is closed.

Recreation Swimming & Diving

Recreational swimming hours will be offered during this summer season in the recreation pool, and recreation diving will be available in the diving tank (M-F only). An adult must accompany children under six years, one-on-one in the water at all times. Please note: schedules can change with minimal notice. Please check with lifeguards for updates.

Monday-Friday	1:15pm-3:15pm	Woollett	June 22 – August 27
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Saturday & Sunday	1pm-3pm	Woollett	May 30 – September 6
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LAP & RECREATION SWIMMING FEES:

	DAILY	10 VISITS	30 VISITS	90 VISITS	YEAR-UNLIMITED
Junior (under 18)	\$2.00	\$18.00	\$52.50	\$135.00	\$250.00
Adult (18-55)	\$4.00	\$36.00	\$90.00	\$225.00	\$500.00
Senior (55+)	\$2.00	\$18.00	\$52.50	\$135.00	\$250.00

Water Aerobics

Classes are great for both new and long-time participants of water fitness! These classes offer a fun, fast-paced workout guaranteed to get you in shape with no stress on the back or knees. Cardio conditioning is followed by total-body resistance work and toning. Water Aerobics is offered year-round for ages 16+. All memberships can be purchased at the William Woollett Jr. Aquatics Center.

Monday, Wednesday & Friday	10am – 11am	Woollett
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WATER AEROBICS FEES:

	DAILY	4 VISITS	10+ VISITS
Adult (16+)	\$7.00	\$24.00	\$5.00 per visit when purchased as 10 or more

Water Sports Camp

Splash! Spend the afternoon with aquatics staff learning pool games, inner-tube water polo and much more! Looking for an all day camp with Tennis in the morning? Check out Smash & Splash Camp! Ages 7-13.

#72851	M-F	June 29-July 3	Noon-5pm	WWJAC	\$150
#67849	M-F	July 6-10	Noon-5pm	WWJAC	\$150
#67850	M-F	July 13-17	Noon-5pm	WWJAC	\$150
#67851	M-F	July 20-24	Noon-5pm	WWJAC	\$150
#67852	M-F	Aug 3-7	Noon-5pm	WWJAC	\$150
#67853	M-F	Aug 10-14	Noon-5pm	WWJAC	\$150
#72994	M-F	Aug 17-21	Noon-5pm	WWJAC	\$150



The Aquatics Centers host a variety of activities offered through a combined effort of the City of Irvine and various competitive/recreational aquatic clubs. For more information, please call:

Swim Instruction/Lessons	949-724-6717
Recreation Swimming Sessions	949-724-6717
Competitive Swimming	949-559-NOVA
Masters Swimming & Triathlons (Adults)	949-338-6682
Age Group Water Polo	949-280-4804
Masters Water Polo	949-280-4804
Synchronized Swimming	949-455-3376

Smash & Splash Camp

Tennis and Aquatics are together at last! Spend the morning playing tennis with Chris, working on conditioning, drills, instruction and match play. Then join the aquatics staff to learn pool games, inner-tube water polo and much more! Ages 7-13.

#72850	M-F	8am-5pm	June 29-July 3	WWJAC	\$275
#67844	M-F	8am-5pm	July 6-10	WWJAC	\$275
#67845	M-F	8am-5pm	July 13-17	WWJAC	\$275
#67846	M-F	8am-5pm	July 20-24	WWJAC	\$275
#67847	M-F	8am-5pm	Aug 3-7	WWJAC	\$275
#67848	M-F	8am-5pm	Aug 10-14	WWJAC	\$275
#72991	M-F	8am-5pm	Aug 17-21	WWJAC	\$275

Aquatics & Sports Camp

Dodge, dip, dive, dash & splash! Want to try something new and exciting this summer? Spend time out of the pool playing popular group recreational activities. Then get in the pool for water games, water rock-wall climbing, team challenges and limited basic swimming instruction! Ages 9-13.

#67854	M-F	8am-5pm	July 6-10	NHSAC	\$275
#67855	M-F	8am-5pm	July 27-31	NHSAC	\$275

Dive-In Movie & Evening Recreational Swim

Grab your swimsuit, floatie and family, and come on down to the pool for an old-fashioned DIVE-IN Movie. Swim and float in the pool while a G- or PG-rated movie plays on the Big Screen. Lifeguards will be on duty. Pool opens at 6pm; show starts at dusk. More info: 949-724-6717.

Sa	Dusk	July 18	WWJAC	\$2 per child, \$4 per adult
F	Dusk	Aug 14	WWJAC	\$2 per child, \$4 per adult

Learn To Dive

Come and join us for diving lessons! Learn proper diving techniques off our 1 and 3 meter springboards. Sign up for beginning, intermediate, or advanced lessons. For more detailed class descriptions, visit www.IrvineQuickReg.org.

Beginning

#67837	M-Th	Noon-11:45am	July 6-16	WWJAC	\$80
#67839	M-Th	Noon-11:45am	July 20-30	WWJAC	\$80
#67841	M-Th	Noon-11:45am	Aug 3-13	WWJAC	\$80

Intermediate

#67838	M-Th	Noon-12:45pm	July 6-16	WWJAC	\$80
#67840	M-Th	Noon-12:45pm	July 20-30	WWJAC	\$80
#67842	M-Th	Noon-12:45pm	Aug 3-13	WWJAC	\$80

Water Polo

Here is your chance to learn the skills of water polo or build on what you already know! Learn heads-up swimming, dribbling, passing, shooting, and the rules and strategy of the game. All practices will be held at Woollett.

#67858	M-Th	3:30pm-4:30pm	Aug 17-27	WWJAC	\$100
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CPR Challenge

This course allows individuals who have been previously certified in American Red Cross CPR/AED for the Professional Rescuer or Community CPR to renew their certification. Participants are responsible for preparing for the Challenge, as there will be no review.

#73178	Su	10am-11am	Sep 6	WWJAC	\$25
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CPR Review & Update

Brush up on your CPR skills before you take the test! This refresher course is great for those who have been previously certified in CPR/AED for the Professional Rescuer or Community CPR and need to be updated with the new 30-2 ratio. Come review, and then take the test with us! Class fee includes CPR Challenge.

#73177	Su	9am-10am	Sep 6	WWJAC	\$50
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Safety Training For Swim Coaches

This class provides training in aquatic safety for competitive swim coaches, athletic trainers, aquatic exercise trainers, and other individuals involved in aquatics competition or exercise programs.

#73179	Su	12pm-4pm	Sep 6	WWJAC	\$60
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