

Learn To Swim Woollett

William Woollett Jr. Aquatics Center (WWJAC)
4601 Walnut Ave, Irvine CA 92604
Phone: 949-724-6717



SESSION DATES

Session 3: April 20–May 14

Session 4: May 18–June 11

**No classes Monday, May 25. Fees have been prorated.*

SESSION 3 & 4 REGISTRATION BEGINS:

Resident: March 22, 9:00 pm
Non-Resident: March 23, 9:00 pm

Session 5: June 22–July 2

Session 6: July 6–July 16

Saturdays: July 11–August 1

SESSION 5, 6 & SAT REGISTRATION BEGINS:

Resident: May 10, 9:00 pm
Non-Resident: May 11, 9:00 pm

*If you do not have a client ID or family pin #,
please call 949-724-6610 two business days prior to
registration to have your account created.*

Learn To Swim

**FAX Registration Method
for January 11,
March 22, and May 10**



Due to the delays in internet and touch tone registration, we will also be accepting FAX registrations. Below are strict guidelines:

1. We will accept FAX registrations from 5:00pm to 10:00pm.
2. You **MUST** have a family account set up prior to faxing in your registration form.
3. Faxes time stamped before 5:00pm will not be processed.
4. The faxes will **NOT** be inputted into the computer until 9:00pm.
5. Faxes received before 9:00pm will be randomly selected and processed at 9:00pm. We will **NOT** guarantee time stamp order.
6. Multiple faxes from the same person will be moved to the end of all faxes.
7. Faxes received after 10:00pm will not be processed until the next business day.
8. Please make sure you include an alternate course number in the event the course you requested is full.
9. You can check your account online to view the class you are enrolled in. We will **NOT** be calling to confirm registration.

We will accept faxes to the following numbers ONLY:

949.724.6608 949.724.PLAY (7529)

FEES

Level	Session: 4 (M/W)	Sessions: 4 (T/TH), 5	Session: 6 & Saturdays
Little Fish/Little Eels	\$49	\$56	TBA
Big Fish	\$49	\$56	TBA
Privates	\$175	\$200	TBA
Adults, Super Shrimp	\$63	\$72 (session 4) \$36 (session 5)	TBA

Swimming Program Levels



Infant & Toddler Ages 6-36 months *Adult required in water with child*

Ducklings: Expose child and parent to water orientation focusing on achieving a high level of comfort in and around water. Parents will be instructed in basic skills that will aid the child's learning of elementary swimming skills.

Little Fish Ages 3-6 years

Starfish, Seahorses, Seal Lions & Sharks: Children will be placed into groups based on ability. Content closely follows the skills listed for Hippos, Turtles and Eels. Children may switch groups (Starfish, Seahorses, Sea Lions or Sharks) to ensure they are with others of similar ability. Most children repeat this level several times before moving to Little Eels. If your child turns 6 and you would like to move to the Big Fish Program, please sign up for Turtles or Eels.

Little Eels (Ages 5 & 6 ONLY): Children must be able to complete the following: 25 yards freestyle with rotary breathing, 25 yards backstroke, 25 yards elementary backstroke, 10 yards breaststroke, and 10 yards butterfly kick. Prerequisite: Child must have completed at least 1 session of Little Fish: Sharks to enroll in this level.

Big Fish Ages 6-13

Hippos: For children with little or no swimming experience. Skills include: water entry, floating, flutter kicking and arm action plus basic pool safety. Most children only need to take this course once. (Similar to American Red Cross Level 2)

Turtles: Children must possess skills from the previous level and swim ten yards without support. Skills taught include: freestyle with side breathing, backstroke, butterfly kick, breaststroke kick, and elementary backstroke plus some water safety skills. Most children take this course twice. (Similar to American Red Cross Level 3)

Eels: Children must be able to swim freestyle with side breathing, backstroke, and elementary backstroke for 25 yards. Instruction focuses on endurance with backstroke and freestyle, master freestyle side breathing, and build on butterfly and elementary backstroke. Breaststroke, sidestroke and turning at the wall will be introduced. Most children take this course two to three times. (Similar to American Red Cross Level 4 and 5)

Dolphins: The instructor is no longer required in the water. Children must be able to swim freestyle and backstroke efficiently for two lengths of the pool (50 yds) and have basic swimming knowledge of the four competitive strokes and two resting strokes. Instruction focuses on the coordination and refinement of all the strokes and increases distance. Most children take this course two to three times. (Similar to American Red Cross Level 5)

Marlins: Instructor is no longer required in the water. Children must be able to complete a minimum of four laps (100 yds) of freestyle and backstroke and two laps (50 yds) of all other strokes correctly. Instruction focuses on building endurance in all strokes and establishing proper stroke technique, allowing them to complete a 100 Individual Medley. Most children take this course two to three times. (Similar to American Red Cross Level 6: Fitness Swimming)

Super Shrimp Squad Ages 7-13

Children must be able to swim four laps (100 yards) of freestyle and backstroke, two laps (50 yards) of breaststroke and butterfly, as well as swim 20 laps continuously. Instruction includes swim workouts to improve conditioning.

Adult Swimming Program Ages 14 & up

Appropriate for students ages 14 and up ranging from no experience to limited swimming experience. Instruction to focus on individual water instruction in a group setting based on learning interest.

Private/Semi-Private Program Ages 6 months & up

Private lessons are limited and are offered one-on-one or up to two participants in a class. The person requesting the semi-private class is responsible for finding the additional participant. Instruction to focus on skill level.

SESSION					DAYS	TIME
3	4	5	6	SAT		

Ducklings

---	66585	---	---	---	M/W	11:00am-11:25am
---	66586	---	---	---	M/W	4:00pm-4:25pm
---	66587	---	---	---	M/W	4:30pm-4:55pm
---	66588	---	---	---	T/TH	3:00pm-3:25pm
---	---	---	---	68306	SA	9:30am-9:55am
---	---	---	---	68313	SA	11:30am-11:55am
---	---	---	---	68314	SA	12:00pm-12:25pm
---	---	68301	68307	---	T-TH	11:00am-11:25am
---	---	68302	68308	---	T-TH	11:30am-11:55am
---	---	68303	---	---	T-TH	3:30pm-3:55pm
---	---	68304	68309	---	T-TH	4:00pm-4:25pm
---	---	68305	68310	---	T-TH	4:30pm-4:55pm

Little Fish

---	66450	---	---	---	M/W	11:00am-11:25am
---	66451	---	---	---	M/W	11:30am-11:55am
---	66452	---	---	---	M/W	12:00pm-12:25pm
---	66464	---	---	---	M/W	1:00pm-1:25pm
---	66465	---	---	---	M/W	1:30pm-1:55pm
---	66453	---	---	---	M/W	2:00pm-2:25pm
---	66484	---	---	---	M/W	2:30pm-2:55pm
66448	66466	---	---	---	M/W	3:30pm-3:55pm
66475	66477	---	---	---	M/W	4:00pm-4:25pm
66473	66478	---	---	---	M/W	4:30pm-4:55pm
66457	66479	---	---	---	M/W	5:00pm-5:25pm
66456	66455	---	---	---	M/W	5:30pm-5:55pm
66446	66449	---	---	---	M/W	6:00pm-6:25pm
---	66474	---	---	---	M/W	6:30pm-6:55pm
---	66447	---	---	---	T/TH	11:00am-11:25am
---	66469	---	---	---	T/TH	11:30am-11:55am
---	66480	---	---	---	T/TH	12:00pm-12:25pm
---	66488	---	---	---	T/TH	1:00pm-1:25pm
---	66486	---	---	---	T/TH	1:30pm-1:55pm
---	66463	---	---	---	T/TH	2:00pm-2:25pm
---	66460	---	---	---	T/TH	2:30pm-2:55pm
---	66483	---	---	---	T/TH	3:00pm-3:25pm
66471	66482	---	---	---	T/TH	3:30pm-3:55pm
66472	66459	---	---	---	T/TH	4:00pm-4:25pm
66445	66458	---	---	---	T/TH	4:30pm-4:55pm
66470	66467	---	---	---	T/TH	5:00pm-5:25pm
66476	66461	---	---	---	T/TH	5:30pm-5:55pm
---	66468	---	---	---	T/TH	6:00pm-6:25pm
---	66485	---	---	---	T/TH	6:30pm-6:55pm
---	---	---	---	68362	SA	9:00am-9:25am
---	---	---	---	68363	SA	10:00am-10:25am
---	---	---	---	68364	SA	11:00am-11:25am
---	---	---	---	68365	SA	11:30am-11:55am
---	---	---	---	68366	SA	12:00pm-12:25pm
---	---	68323	68354	---	M-TH	10:00am-10:25am
---	---	68324	68377	---	M-TH	10:30am-10:55am
---	---	68378	68368	---	M-TH	11:00am-11:25am
---	---	68361	68325	---	M-TH	11:30am-11:55am
---	---	68355	68367	---	M-TH	12:00pm-12:25pm
---	---	68376	68351	---	M-TH	12:30pm-12:55pm
---	---	68326	68369	---	M-TH	3:30pm-3:55pm
---	---	68327	68352	---	M-TH	4:00pm-4:25pm
---	---	68328	68358	---	M-TH	4:30pm-4:55pm
---	---	68348	68379	---	M-TH	5:00pm-5:25pm
---	---	68329	68322	---	M-TH	5:30pm-5:55pm
---	---	68360	68357	---	M-TH	6:00pm-6:25pm
---	---	68353	68321	---	M-TH	6:30pm-6:55pm



We reserve the right to move your child from the class you signed up for to one that is more developmentally appropriate!

SESSION					DAYS	TIME
3	4	5	6	SAT		

Little Fish: Little Eels

66489	---	---	---	---	M/W	5:00pm-5:25pm
66490	---	---	---	---	M/W	5:30pm-5:55pm
---	66493	---	---	---	T/TH	11:00am-11:25am
---	66494	---	---	---	T/TH	4:00pm-4:25pm
---	66495	---	---	---	T/TH	4:30pm-4:55pm
66492	---	---	---	---	T/TH	5:30pm-5:55pm
---	---	---	68385	---	M-TH	10:30am-10:55am
---	---	---	68386	---	M-TH	11:00am-11:25am
---	---	68382	68387	---	M-TH	3:30pm-3:55pm
---	---	68383	68388	---	M-TH	4:30pm-4:55pm
---	---	68384	68389	---	M-TH	6:00pm-6:25pm

Big Fish: Hippos

---	66498	---	---	---	M/W	3:00pm-3:25pm
---	66499	---	---	---	M/W	4:00pm-4:25pm
66496	---	---	---	---	M/W	5:00pm-5:25pm
---	66500	---	---	---	M/W	5:30pm-5:55pm
66497	---	---	---	---	M/W	6:00pm-6:25pm
---	66501	---	---	---	T/TH	4:00pm-4:25pm
---	66502	---	---	---	T/TH	5:30pm-5:55pm
66503	---	---	---	---	T/TH	6:00pm-6:25pm
---	---	---	---	68418	SA	9:30am-9:55am
---	---	---	---	68419	SA	12:30pm-12:55pm
---	---	68401	---	---	M-TH	10:00am-10:25am
---	---	---	68408	---	M-TH	11:30am-11:55am
---	---	68402	68409	---	M-TH	12:00pm-12:25pm
---	---	68403	68410	---	M-TH	12:30pm-12:55pm
---	---	68404	68425	---	M-TH	3:30pm-3:55pm
---	---	68405	68411	---	M-TH	4:00pm-4:25pm
---	---	68406	68412	---	M-TH	5:00pm-5:25pm
---	---	---	68413	---	M-TH	5:30pm-5:55pm
---	---	68407	---	---	M-TH	6:00pm-6:25pm

Big Fish: Turtles

---	66517	---	---	---	M/W	3:00pm-3:25pm
---	66516	---	---	---	M/W	3:30pm-3:55pm
---	66518	---	---	---	M/W	4:00pm-4:25pm
---	66507	---	---	---	M/W	4:30pm-4:55pm
66513	---	---	---	---	M/W	5:00pm-5:25pm
---	66519	---	---	---	M/W	5:30pm-5:55pm
66506	---	---	---	---	M/W	6:00pm-6:25pm
---	66524	---	---	---	T/TH	3:00pm-3:25pm
---	66508	---	---	---	T/TH	3:30pm-3:55pm
---	66509	---	---	---	T/TH	4:00pm-4:25pm
---	66520	---	---	---	T/TH	4:30pm-4:55pm
66514	---	---	---	---	T/TH	5:00pm-5:25pm
---	66521	---	---	---	T/TH	5:30pm-5:55pm
66510	---	---	---	---	T/TH	6:00pm-6:25pm
---	66522	---	---	---	T/TH	6:30pm-6:55pm
---	---	---	---	68435	SA	9:30am-9:55am
---	---	---	---	68436	SA	12:30pm-12:55pm
---	---	68443	---	---	M-TH	10:00am-10:25am
---	---	68444	---	---	M-TH	10:30am-10:55am
---	---	---	68450	---	M-TH	11:30am-11:55am
---	---	68461	68452	---	M-TH	12:00pm-12:25pm
---	---	68462	68467	---	M-TH	12:30pm-12:55pm
---	---	68439	68459	---	M-TH	3:30pm-3:55pm
---	---	68430	68458	---	M-TH	4:00pm-4:25pm
---	---	68449	68446	---	M-TH	4:30pm-4:55pm
---	---	68456	68460	---	M-TH	5:00pm-5:25pm
---	---	68445	68437	---	M-TH	5:30pm-5:55pm
---	---	68466	68453	---	M-TH	6:00pm-6:25pm
---	---	68457	68428	---	M-TH	7:00pm-7:25pm

Aquatics

SESSION					DAYS	TIME
3	4	5	6	SAT		

Big Fish: Eels

---	66544	---	---	---	M/W	3:00pm-3:25pm
---	66545	---	---	---	M/W	3:30pm-3:55pm
---	66529	---	---	---	M/W	4:00pm-4:25pm
---	66542	---	---	---	M/W	4:30pm-4:55pm
---	66543	---	---	---	M/W	5:30pm-5:55pm
66547	---	---	---	---	M/W	6:00pm-6:25pm
66535	66530	---	---	---	M/W	6:30pm-6:55pm
---	66533	---	---	---	T/TH	3:00pm-3:25pm
---	66534	---	---	---	T/TH	3:30pm-3:55pm
---	66536	---	---	---	T/TH	4:00pm-4:25pm
---	66532	---	---	---	T/TH	4:30pm-4:55pm
66538	---	---	---	---	T/TH	5:00pm-5:25pm
---	66537	---	---	---	T/TH	5:30pm-5:55pm
66539	---	---	---	---	T/TH	6:00pm-6:25pm
66540	66546	---	---	---	T/TH	6:30pm-6:55pm
---	---	---	---	68481	SA	12:30pm-12:55pm
---	---	68492	---	---	M-TH	10:30am-10:55am
---	---	68503	68512	---	M-TH	12:00pm-12:25pm
---	---	68504	68479	---	M-TH	12:30pm-12:55pm
---	---	68502	68477	---	M-TH	3:30pm-3:55pm
---	---	68475	68493	---	M-TH	4:00pm-4:25pm
---	---	68487	68480	---	M-TH	4:30pm-4:55pm
---	---	68476	68489	---	M-TH	5:30pm-5:55pm
---	---	68488	68483	---	M-TH	6:00pm-6:25pm
---	---	---	68506	---	M-TH	6:30pm-6:55pm
---	---	68499	68498	---	M-TH	7:00pm-7:25pm

Big Fish: Dolphins

66558	---	---	---	---	M/W	6:00pm-6:25pm
66556	66552	---	---	---	M/W	6:30pm-6:55pm
---	66557	---	---	---	T/TH	3:00pm-3:25pm
---	66554	---	---	---	T/TH	4:30pm-4:55pm
66559	66553	---	---	---	T/TH	6:30pm-6:55pm
---	---	68533	68529	---	M-TH	1:00pm-1:25pm
---	---	68543	68516	---	M-TH	2:30pm-2:55pm
---	---	---	68525	---	M-TH	3:30pm-3:55pm
---	---	68539	68519	---	M-TH	4:00pm-4:25pm
---	---	68513	68534	---	M-TH	4:30pm-4:55pm
---	---	---	68541	---	M-TH	6:00pm-6:25pm
---	---	68514	68521	---	M-TH	6:30pm-6:55pm
---	---	68515	68528	---	M-TH	7:00pm-7:25pm

Looking For A Job? Then We Are Looking For You!

The City of Irvine Community Services Department will be accepting applications for Lifeguards and Swim Instructors for the Woollett Aquatics Center and Northwood High School Aquatic Center.

To apply on-line visit www.CityOfIrvine.org/jobs; or you can pick up an application at the Woollett Aquatics Center.

Applications must be signed and turned in to the Woollett Aquatics Center or completed on-line.

- Application Deadline: Friday, April 17

Please register for a Tryout time at the Woollett Aquatics Center.

- Tryouts: Sunday, April 18
- Times: 1:00pm & 3:30pm
- Woollett Aquatics Center

For more information about training, tryouts and application deadlines please call 949-724-6717 or email: aquatics@cityofirvine.org



SESSION					DAYS	TIME
3	4	5	6	SAT		

Big Fish: Marlins

66578	66579	---	---	---	M/W	6:30pm-6:55pm
---	66580	---	---	---	T/TH	4:30pm-4:55pm
---	---	68548	68552	---	M-TH	1:00pm-1:25pm
---	---	68549	68553	---	M-TH	2:30pm-2:55pm
---	---	68550	---	---	M-TH	4:30pm-4:55pm
---	---	68551	68554	---	M-TH	6:30pm-6:55pm
---	---	---	68555	---	M-TH	7:00pm-7:25pm

Super Shrimp Squad

66575	---	---	---	---	T/TH	6:30pm-7:10pm
---	66576	---	---	---	T/TH	7:00pm-7:40pm

Private Lessons

66573	---	---	---	---	M/W	5:30pm-5:55pm
66574	---	---	---	---	T/TH	6:00pm-6:25pm
---	---	---	---	68572	SA	12:30pm-12:55pm
---	---	68573	68575	---	M-TH	9:00am-9:25am
---	---	68593	68602	---	M-TH	9:30am-9:55am
---	---	---	68603	---	M-TH	10:00am-10:25am
---	---	---	68604	---	M-TH	10:30am-10:55am
---	---	68589	68605	---	M-TH	12:30pm-12:55pm
---	---	68574	68592	---	M-TH	1:00pm-1:25pm
---	---	68599	68590	---	M-TH	2:30pm-2:55pm

Adults

66442	---	---	---	---	M/W	6:30pm-7:10pm
---	66443	68617	68619	---	M/W	7:00pm-7:40pm
---	---	68616	68618	---	T/TH	6:30pm-7:10pm
---	---	---	---	68624	SA	9:00am-9:25am

Withdrawal requests for Learn To Swim

must be made 10 days prior to the start of the session. The session always begins on a Monday, even if your class begins on a Tuesday. \$5 fee applies per class. Requests received fewer than 10 days prior to the start of the session will be processed for 50% of the fees. Withdrawals/refunds are not available once the session begins. Sorry, there are no make-ups for missed classes, nor partial refunds. Speak to Aquatics staff at 949-724-6717 or email aquatics@cityofirvine.org with your withdrawal request.



SAVE THE DATE!

Swim Lessons fill up quickly for the summer sessions. Please be aware of the following dates so you are prepared to register. For maximum selection, please register on the registration date listed.

Woollett Aquatics Center

SESSION	CLASS DATES	RESIDENT REGISTRATION BEGINS	NON-RESIDENT REGISTRATION BEGINS
7	July 20-30	June 14, 9:00pm	June 15, 9:00pm
8	Aug 3-13	June 14, 9:00pm	June 15, 9:00pm
9	Aug 17-27	June 14, 9:00pm	June 15, 9:00pm
10	Sep 14-Oct 8	August 9, 9:00pm	August 10, 9:00pm
11	Oct 12-Nov 5	August 9, 9:00pm	August 10, 9:00pm

Northwood Aquatics Center

SESSION	CLASS DATES	RESIDENT REGISTRATION BEGINS	NON-RESIDENT REGISTRATION BEGINS
7	July 20-30	June 14, 9:00pm	June 15, 9:00pm
8	Aug 3-13	June 14, 9:00pm	June 15, 9:00pm

Learn To Swim Northwood

Northwood High School Aquatics Center (NHSAC)
4515 Portola Parkway, Irvine CA 92620
Phone: 949-724-6938



SESSION DATES

Session 5: June 22–July 2
Session 6: July 6–July 16

SESSION 5 & 6 REGISTRATION BEGINS:

Resident: May 10, 9:00 pm
Non-Resident: May 11, 9:00 pm

*If you do not have a client ID or family pin #,
please call 949-724-6610 two business days prior,
to have your account created.*

FEES

	Session 5	Session 6
Little Fish/Little Eels	\$56	TBA
Big Fish	\$56	TBA
Privates	\$200	TBA
Adults	\$36	TBA

FAX Registration

Please see page 82 for more information.

SESSION

5	6	DAYS	TIME
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Ducklings

69124	69125	T-TH	11:00am-11:25am
69126	69127	T-TH	4:00pm-4:25pm

Little Fish

69432	69422	M-TH	11:30am-11:55am
69420	69426	M-TH	12:00pm-12:25pm
---	69427	M-TH	12:30pm-12:55pm
69421	69428	M-TH	3:30pm-3:55pm
69423	69429	M-TH	4:00pm-4:25pm
69424	69430	M-TH	4:30pm-4:55pm
69425	69431	M-TH	5:30pm-5:55pm

Big Fish: Hippos

69486	69483	M-TH	3:00pm-3:25pm
69481	69482	M-TH	4:30pm-4:55pm

Big Fish: Turtles

69501	69502	M-TH	3:00pm-3:25pm
69495	69497	M-TH	4:30pm-4:55pm
69496	69498	M-TH	5:00pm-5:25pm

Big Fish: Eels

69519	69520	M-TH	3:00pm-3:25pm
69515	69517	M-TH	5:00pm-5:25pm
69516	69518	M-TH	6:00pm-6:25pm

Big Fish: Dolphins

---	69111	M-TH	5:00pm-5:25pm
69109	69112	M-TH	6:00pm-6:25pm

Big Fish: Marlins

69532	69533	M-TH	6:00pm-6:25pm
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Private Lessons

69538	69547	M-TH	10:30am-10:55am
69539	69548	M-TH	11:00am-11:25am
69540	69549	M-TH	12:30pm-12:55pm
69541	69550	M-TH	2:30pm-2:55pm

Adults

69414	69417	M-TH	9:00am-9:40am
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Swimming Program Levels



Infant & Toddler Ages 6-36 months *Adult required in water with child*

Ducklings: Expose child and parent to water orientation focusing on achieving a high level of comfort in and around water. Parents will be instructed in basic skills that will aid the child's learning of elementary swimming skills.

Little Fish Ages 3-6 years

Starfish, Seahorses, Sea Lions & Sharks: Children will be placed into groups based on ability. Content closely follows the skills listed for Hippos, Turtles and Eels. Children may switch groups (Starfish, Seahorses, Sea Lions or Sharks) to ensure they are with others of similar ability. Most children repeat this level several times before moving to Little Eels. If your child turns 6 and you would like to move to the Big Fish Program, please sign up for Turtles or Eels.

Little Eels (Ages 5 & 6 ONLY): Children must be able to complete the following: 25 yards freestyle with rotary breathing, 25 yards backstroke, 25 yards elementary backstroke, 10 yards breaststroke, and 10 yards butterfly kick. Prerequisite: Child must have completed at least 1 session of Little Fish: Sharks to enroll in this level.

Big Fish Ages 6-13

Hippos: For children with little or no swimming experience. Skills include: water entry, floating, flutter kicking and arm action plus basic pool safety. Most children only need to take this course once. (Similar to American Red Cross Level 2)

Turtles: Children must possess skills from the previous level and swim ten yards without support. Skills taught include: freestyle with side breathing, backstroke, butterfly kick, breaststroke kick, and elementary backstroke plus some water safety skills. Most children take this course twice. (Similar to American Red Cross Level 3)

Eels: Children must be able to swim freestyle with side breathing, backstroke, and elementary backstroke for 25 yards. Instruction focuses on endurance with backstroke and freestyle, master freestyle side breathing, and build on butterfly and elementary backstroke. Breaststroke, sidestroke and turning at the wall will be introduced. Most children take this course two to three times. (Similar to American Red Cross Level 4 and 5)

Dolphins: The instructor is no longer required in the water. Children must be able to swim freestyle and backstroke efficiently for two lengths of the pool (50 yds) and have basic swimming knowledge of the four competitive strokes and two resting strokes. Instruction focuses on the coordination and refinement of all the strokes and increases distance. Most children take this course two to three times. (Similar to American Red Cross Level 5)

Marlins: Instructor is no longer required in the water. Children must be able to complete a minimum of four laps (100 yds) of freestyle and backstroke and two laps (50 yds) of all other strokes correctly. Instruction focuses on building endurance in all strokes and establishing proper stroke technique, allowing them to complete a 100 Individual Medley. Most children take this course two to three times. (Similar to American Red Cross Level 6: Fitness Swimming)

Adult Swimming Program Ages 14 & up

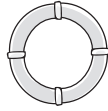
Appropriate for students ages 14 and up ranging from no experience to limited swimming experience. Instruction to focus on individual water instruction in a group setting based on learning interest.

Private/Semi-Private Program Ages 6 months & up

Private lessons are limited and are offered one-on-one or up to two participants in a class. The person requesting the semi-private class is responsible for finding the additional participant. Instruction to focus on skill level.

Junior Lifeguard Prep Class

Get ready for the summer beach Jr. Lifeguard Programs! Prepare by learning appropriate stretching and warm-up technique; get physically fit through stroke training, treading water, and by learning proper movement and efficiency. We will help you pass your swim test!



#66584 T/Th Mar 16-Apr 9 7:00pm-7:40pm WWJAC \$72

Lifeguarding

Prepare yourself for a job as a lifeguard. The City of Irvine offers a unique program to teach lifeguard candidates the skills and knowledge necessary to prevent and respond to aquatic emergencies. Upon successful completion, participants will receive certifications in American Red Cross Lifeguarding Training (including First Aid) and ARC CPR for the Professional Rescuer.

#65938 Th-Su Apr 2-5 5:00pm-9:00pm (TH) WWJAC \$150
5:00pm-10:00pm (F)
8:00am-8:00pm (SA & SU)

#65937 M-Th Apr 13-16 9:00am-7:00pm (M-W) WWJAC \$150
9:00am-1:00pm (TH)

Lifeguard Training Challenge

This course allows individuals who have been previously certified in American Red Cross Lifeguard Training to renew the certification. Participants are responsible for preparing for the Challenge, as there will be no review. Bring bathing suit and towel. Upon completion of all skills, participants will receive re-certification in lifeguard training (LGT), CPR and First Aid.

#65940 Sa (CPR only) Apr 11 9:00am-11:00am WWJAC \$25
#65941 Sa (LGT & First Aid) Apr 11 11:00am-2:00pm WWJAC \$50

Community CPR & First Aid



This class covers Adult, Child and Infant CPR as well as Community First Aid and Safety. This class fulfills half the requirements for those looking to volunteer or coach for the summer neighborhood swim teams.

#65925 Sa May 9 9:00am-6:00pm WWJAC \$75

CPR Challenge

This course allows individuals who have been previously certified in American Red Cross CPR for the Professional Rescuer or Community CPR to renew the certification. Participants are responsible for preparing for the Challenge, as there will be no review.

#65926 Sa Apr 11 10:00am-11:00am WWJAC \$25
#65923 Su May 3 10:00am-11:00am WWJAC \$25

CPR Review & Update

Brush up on your CPR skills before you take the test!! This refresher course is great for those who have been previously certified in CPR for the Professional Rescuer or Community CPR and need update with the new 30-2 ratio. Come review and then take the test with us!

#65922 Sa Apr 11 9:00am-10:00am WWJAC \$40
#65927 Su May 3 9:00am-10:00am WWJAC \$40



The Aquatics Centers are the host for a variety of activities offered through a combined effort of the City of Irvine and various competitive/recreational aquatic clubs. For more information, please call:

Swim Instruction/Lessons	949-724-6717
Recreation Swimming Sessions	949-724-6717
Competitive Swimming	949-559-NOVA
Masters Swimming & Triathlons (Adults)	949-338-6682
Age Group Water Polo	949-280-4804
Masters Water Polo	949-280-4804
Synchronized Swimming	949-455-3376

Water Safety Instructor (WSI)

Looking to teach swim lessons? Get this class out of the way before summer comes! This course provides the certification and training necessary to teach all of the American Red Cross swimming and water safety courses. Participants must be 16 years of age the day the class ends. Class includes the prerequisite 'Fundamental of Instructor Training (FIT).

#65932 Sa-Su Mar 21, 22, 28, 29 9:00am-6:00pm WWJAC \$155
#65946 W-Sa Apr 15-18 6:00pm-9:00pm (W) WWJAC \$155
9:00am-7:00pm (TH-SA)

Safety Training For Swim Coaches

This class provides training in aquatic safety for competitive swim coaches, athletic trainers, aquatic exercise trainers, and other individuals involved in aquatics competition or exercise programs.

#65942 Sa Apr 11 2:00pm-6:00pm WWJAC \$60
#65943 Su May 3 Noon-4:00pm WWJAC \$60
#65944 Su Jun 7 Noon-4:00pm WWJAC \$60

Water Aerobics

Classes are great for both new and long time participants of water fitness! These classes offer a fun, fast paced workout guaranteed to shape you up with no stress on the back or knees. Cardio conditioning is followed by total body resistance work and toning. Water Aerobics is offered year-round for ages 16 & up. All memberships can be purchased at the William Woollett Jr. Aquatics Center. *PM session does not resume until April 6.

Monday & Wednesday AM 10:00-11:00am Woollett
PM 6:00-7:00pm* Woollett

Friday AM 10:00-11:00am Woollett

WATER AEROBICS FEES:

	DAILY	4 VISITS	10 VISITS	20 VISITS
Adult (16+)	\$7.00	\$24.00	\$50.00	\$100.00

Lap Swim

Lap swim is offered year-round for ages 16 & up. All memberships can be purchased at the William Woollett Jr. Aquatics Center.

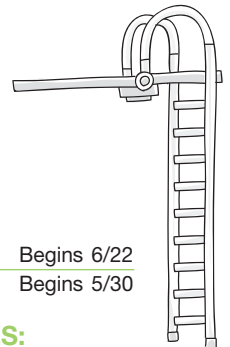
Monday-Thursday PM 6:00-8:00pm Woollett

Monday-Friday AM 6:00-8:00am Woollett
NOON 11:00am-2:00pm Woollett

Tuesday-Friday PM 6:00-8:00pm Northwood

Saturday & Sunday AM 8:00-10:00am Woollett & Northwood

Recreation Swimming And Diving



Recreational swimming hours will be offered during this summer season in the recreation pool and recreation diving will be available in the diving tank (M-F only). An adult must accompany children under six years, one-on-one in the water at all times.

Monday-Friday 1:00-3:00pm Woollett Begins 6/22
Saturday & Sunday 1:00-4:00pm Woollett Begins 5/30

LAP & RECREATION SWIMMING FEES:

	DAILY	10 VISITS	30 VISITS	90 VISITS	YEAR-UNLIMITED
Junior (under 18)	\$2.00	\$18.00	\$52.50	\$135.00	\$250.00
Adult (18-55)	\$4.00	\$36.00	\$90.00	\$225.00	\$500.00
Senior (55+)	\$2.00	\$18.00	\$52.50	\$135.00	\$250.00

Birthday Parties at the Pool New

Celebrate your child's birthday at the pool. The package includes use of our party room, kid-friendly pool with water slide and certified Lifeguards. Fee: \$150, 4-hour party. All ages welcome. NOTE: Fee charged for 50 party guests regardless of water participation. Fee for additional 50 guests is \$50. Please call at least 4 weeks prior to desired date to book your party! Woollett Aquatics Center, 949-724-6738.