

Juvenile Resources

The listed facilities are confidential and the Irvine Police Department will not be involved unless specifically requested by the juvenile, parent and/or guardian.

IRVINE COUNSELING SERVICES

- **FOR Families**

1 Civic Center Plaza
Irvine, CA
(949) 724-6650

FOR Families provides information and short-term support to individuals, couples and families living or working in Irvine who need assistance identifying and accessing needed services and resources. Our focus is on supporting the well-being of our community members.

- **Irvine Family Resource Center** – Individual, group and family counseling.

2 Meadowbrook
Irvine, CA. 92604
(949) 936-7987

SIGNS AND SYMPTOMS OF DRUG ABUSE

The more drug use begins to affect and control a person's life, the more likely it is that he or she has a drug problem. Unfortunately, substance abusers are often the last ones to recognize their own symptoms of dependence and addiction. If you suspect that a friend or loved one is abusing drugs, it's important to remember that drug abusers often try to conceal their symptoms and downplay their problem. But there are a number of warning signs you can look for:

- Inability to relax or have fun without doing drugs.
- Sudden changes in work or school attendance and quality of work or grades.
- Frequently borrowing money, selling possessions, or stealing items from employer, home, or school.
- Angry outbursts, mood swings, irritability, manic behavior, or overall attitude change.
- Talking incoherently or making inappropriate remarks.
- Deterioration of physical appearance and grooming.
- Wearing sunglasses and/or long sleeve shirts frequently or at inappropriate times.
- No longer spending time with friends who don't use drugs and/or associating with known users.
- Engaging in secretive or suspicious behaviors, such as making frequent trips to the restroom, basement, or other isolated areas where drug use would be undisturbed.
- Talking about drugs all the time and pressuring others to use.
- Expressing feelings of exhaustion, depression, and hopelessness.
- Using drugs first thing in the morning.

DRUG REHABILITATION PROGRAMS

- Phoenix House – 6 month – 1 year inpatient drug rehabilitation program
207 E. Fruit St.
Santa Ana, CA 92701
(714) 953-9372
- Touchstone – 6 month inpatient drug rehabilitation program
P.O. Box 849
Orange, CA. 92856
(714) 639-5542
- Chapman Positive Action – Adolescent in & outpatient drug rehabilitation programs
2601 E. Chapman
Orange, CA. 92856
(800) 33 SAY NO (800) 337-2966
- Breakaway Health – Outpatient treatment for chemical dependency
3151 Airway Ave. Bldg. D-1
Costa Mesa, CA. 92626
(714) 957-8229

DRUG TESTING FACILITIES

- OHS Health & Safety, Costa Mesa (949) 764-9301 x 204
- Westcliff Labs, Newport Beach (949) 646-0216
- Mainstream, San Clemente (949) 366-9210
- Chapman Medical Center (800) 337-2966
- The Hope Institute, Costa Mesa (714) 432-0020
- Complete Drug Testing, Laguna Hills (949) 582-2738
- Breakaway Health, Costa Mesa (714) 957-8229
- South Coast Recovery, South County (949) 443-0700
- This facility offers a weekly drug screening program

CRISIS INTERVENTION

- California Youth Crisis Line: (800) 843-5200
- Suicide Hotline: (877) 727-4747

YOUTH SHELTER

CSP Youth Shelter: (714) 842-6600

The CSP Youth Shelter in Huntington Beach is a short-term intervention "safe-haven" for runaway, homeless and at-risk youth 11-17 years of age. The program provides a safe, supportive, therapeutic environment designed to give youth the experience of belonging to a group of caring, responsible people, and to provide them with the catalyst to stop the cycle of running away and homelessness.

GOALS

- Family strengthening and reunification
- Diversion of at-risk youth from the juvenile justice system
- Homelessness prevention
- School drop-out prevention

SERVICES

- Temporary shelter
- 24 – Hour supervision
- Individual therapy sessions
- Family therapy sessions
- Support group counseling
- Academic assistance and tutoring
- Parenting groups
- Drug abuse education and prevention
- Skill-building development
- Self-sufficiency training
- Job/Career readiness
- Mentoring
- Exercise and recreational activities
- Aftercare services

MISCELLANEOUS LINKS/PHONE NUMBERS

www.irvineforfamilies.org	For Families – (949) 724-6650 Free referrals for Irvine residents
Project Success	(949) 936-7480 Shelters, Parenting Classes, Eating Disorder Facilities
www.211oc.org	Information and referral system that links Orange County residences to community health and human services and support
www.irvinepreventioncoalition.org	Programs and services that benefit children and families in Irvine
www.oc.ca.gov/probation	Orange County Probation
www.BehaviorHelp.com	Conflict resolution skills